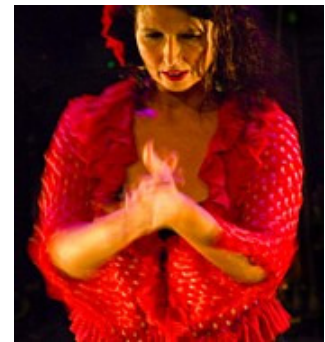


# OXFORD FLAMENCO ACADEMY



## **Amarita Vargas Flamenco Teacher and Creative Director of Oxford Flamenco Academy**

Amarita Vargas has many years experience as a flamenco teacher and performer.

She trains regularly in Spain at 'Amor de Dios' in Madrid and 'Centro de Baile Jerez'. She also studies with The Spanish Dance Society and La Escuela de Baile in London.

She has taken courses with many great flamenco performers from Spain including, most recently, Joaquin Grilo, Angel Munoz, Miguel Angel Espino, Javier Latorre, Mercedes Ruiz, Belen Maya, Andres Pena, Ana Salazar, Rocio Molina, Rafaela Carrasco and Manuel Linan.

She performs frequently in Oxford and has appeared in full-scale flamenco productions in London at The Hackney Empire Theatre and Sadlers Wells Peacock Theatre.

## **Flamenco Hen Parties**

We kicked off a splendid hen party under the careful instruction of the sensational Amarita!

As we were put through our paces, we not only learned some rather hot moves but we had a laugh and really enjoyed ourselves! Thanks again Amarita!"



The Oxford Flamenco Academy present regular shows in theatres in Oxford and at community dance events in the region.

Amarita also performs regularly with her professional group of musicians and dancers.

*"Amarita Vargas provided us with what can only be described as an amazing experience of Flamenco music and dance. Organising the Christmas Ball for ATKINS was the first task I was given soon after joining and I really wanted to make an impression.*

*As soon as I contacted Amarita she made sure she took into account all that I wanted and then suggested some ideas that were in tune with my requests. She also visited the venue prior to the event and liaised with the manager to ensure everything would run smoothly. She was punctual for the event and gave a really spectacular show with a live singer and guitarist. She involved the crowd and really wowed everybody.*

*I would whole heartedly recommend Amarita to you. I would definitely use her services again because not only is she an extremely talented young lady, but a true professional and a pleasure to work with"*

**Sola Williams, Senior Office Manager - Atkins Metronet Unit**

## Flamenco Dance and Corporate Training

Team motivation, enhanced communication and more dynamic presentation skills are some of the benefits which result from a flamenco dance session tailor made to suit the needs of your business.

*"I began Flamenco some weeks ago because I love the music and rhythms of flamenco. I found to my astonishment that not only does it provide you with an aerobic workout but your mind is completely absorbed too. Flamenco takes you away from all the stresses and strains of our 24/7 lives and involves you in an experience which recharges the batteries and transports you into another world . You leave the class on a high. As a Stress Management consultant I have recommended Flamenco to my corporate clients as a way of team building and relieving stress.."*

Pamela Elder MSc,  
Stress Management Consultant  
Programme Director 'Performance Under Pressure'



To discuss the particular issues faced by your business, and investigate how a flamenco session might improve team performance, contact Steppin Out



For Further information  
contact Terry



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